A free workshop on the “how to” of combining breastfeeding & work at UNSW

Topics include:
- Getting Organised - at Home
- Selecting a Breastpump
- Expressing and Storing Breastmilk
- Using Expressed Breastmilk
- Getting Organised - at Work
- Troubleshooting
- Looking after yourself

Who should attend?
Women staff members:
- planning to take a period of maternity leave
- currently on maternity leave
- recently returned from maternity leave

Bring your baby, bring your baby belly or come solo. There will be plenty of room for prams and strollers.
Lunch provided.

Date
Thursday 21 June 2012

Presenter
Facilitated by Natasha Pollock, Breastfeeding Counsellor & Project Officer, from the Australian Breastfeeding Association & the Breastfeeding Friendly Workplace Team.

Time
10:30am to 1:00pm

Venue
Room LG07, AGSM Building (G27) Kensington Campus

To reserve your place in this free workshop please contact: Penny or Sonja Workplace Diversity P: 02 9385 2273/2736 E: workplace.diversity@unsw.edu.au

Places are limited so please book and confirm your registration before 18 June.